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TUM Graduate School
Technische Universität München



January 22, 2024

Transferable Skills Training Newsletter



Picture of two hikers in the mountain
(Image: pexels.com)

Dear doctoral candidates,

Communication skills go hand in hand with the research process of a doctoral candidate. Collaborating with different researchers and institutions, engaging in constructive dialogue with colleagues to overcome obstacles, establishing connections and contacts with different people in the academic community and, of course, presenting research findings in an appropriate and clear way. Ultimately, it is through communication that the results can be disseminated to the outside world.

In the context of **Future Skills**, communication skills are highlighted not only in all those different situations in the daily life of a doctoral candidate, but also through the type of discourse and the different strategies within communication. The ability to convey ideas effectively and clearly can be a bridge that opens the way to a possible empathic connection with others. This is where successful communication takes place: when others can understand where you are coming from, what your ideals are, what your values are, and what your motivation is.

We, at [TUM Graduate School](#), would like to accompany you not only on your academic journey, but also help you learn how to connect with others in a more meaningful and lasting way, to understand different situations, also from an empathic perspective and to comprehend others and their needs.

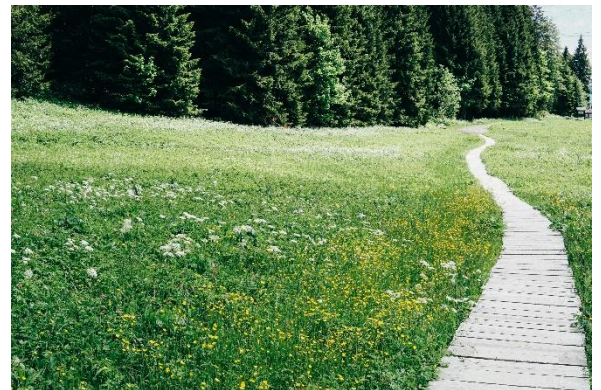
Have a look at our [Transferable Skills Training](#) where you will find courses concerning this topic in the category [Communication & Methodological Competence](#). If you would like to receive information about news or exciting events for doctoral candidates, have a look at our [website](#) and don't forget to subscribe to our [TUM-GS Newsletter](#) and find out more about our offer!

PS: Did you know that if you do not use a TUM email address in DocGS, you might miss important information from us? With the new semester just around the corner, now is a good time to you check which email address you are using in DocGS! Make sure that you have a TUM email address, so you can receive all our emails concerning the course program and Kick-Off seminar.

“What’s new?”

Transferable Skills Training: New course program for Summer Semester 2024 is now available

Besides discovering more about your research area during this journey called doctorate, acquiring and evaluating your skillset that will benefit you during your professional path and life is also very important. Therefore, TUM Graduate School has put together a range of courses in six different areas to help shape your competency profile. With a new semester right around the corner, we invite you to look at our new [Summer Semester 2024 course program](#). Course registrations are open starting February 12. Take advantage of this great opportunity and mark your calendars! ☺



Path through a meadow
(Image: Pexels)

“Inside the courses”

Mindfulness for stress relief *Soon! Book your spot now!*

In this workshop, we will jointly address such and similar (negative) emotional states during doctoral studies and develop a more productive way of dealing with them. After all, our emotions are not unchangeable facts to be regretted. Rather, they are conscious states that can be actively managed. This, in turn, makes it possible to do a doctorate not only more productively, but also more stress-free and healthier. The participants are enabled to identify those emotions that have a problematic effect on their own work on their doctorate. The joint exchange of ideas, relevant theoretical input



from research, and practical exercises will then enable a new way of dealing with selected (negative) feelings.

Picture of a man
(Image: pexels.com)

February 16, 23 & March 01, 08, 15, 22, 2024

16:00 – 17:15 hours

Online | English

Register

Exportkontrollrecht

The participants will be given a basic understanding of the topic of export controls, which also plays a role for engineers in many industries. With this course, the participants should be sensitized for activities in the economy or also at the university. Especially in certain industries this can be an advantage when looking for a job. The main goals of this course are that participants will get awareness of export controls, initial knowledge of export control law in business and research, as well as of export compliance in business and research.



Picture of a man giving a presentation
(Image: pexels.com)

February 20, 2024

16:00 – 18:00 hours

Online | German

Register

Orientierung finden, Prioritäten setzen! Anstöße für eine bewusste Lebens- und Karriereplanung

Do you sometimes find it difficult to consistently approach upcoming tasks or decisions for the next professional and private steps? This course offers the chance to get to know the most important orientation factors for complex life and career planning: your own strengths & values as well as lasting ideas about your own life. It uses concrete exercises on talent analysis, prioritization, values reflection and work-life balance. This workshop summarizes the findings of all exercises in a first draft of a so-called "life statement", with which future decisions about life and career can be made more easily.



Picture of two people talking
(Image: pexels.com)

February 21 – 22, 2024

09:00 – 17:00 hours

Campus Garching | German

Register

Gute wissenschaftliche Praxis und ihre Problemfelder im Forschungsalltag

Would you like to know more about good scientific practice and feel confident in the way you conduct your own research? This course offers an overview of the most important rules and guidelines, following the DFG-codex Guidelines for Safeguarding Good Research Practice. Participants will have the chance to reflect on their own ethics and values. You also get the possibility to discuss any questions or unclear situations you might have faced.



Picture of two people in a laboratory
(Image: pexels.com)

February 21 – 22, 2024

09:00 – 17:00 hours

Campus Garching | German

Register

Schreibwerkstatt: Erfolgreich wissenschaftlich schreiben

Whether it's a dissertation, research report, paper or other publication: Writing scientific texts is a challenge; writing original and interesting texts even more so. Do you want to make faster progress in text production, gain more ease and confidence in scientific writing? Do you want to convince your readers of your studies through clear messages, comprehensible argumentation and understandable statements? If you want to write successfully, you need tools and strategies that promote the flow of writing and steer the writing process - towards a good scientific text. In many task and exercise settings, you will work practically and concretely on the various aspects and competencies of scientific writing.



Picture of person typing in a laptop
(Image: pexels.com)

March 07 – 08, 2024

09:00 – 17:00 hours

Campus Garching | German

Register

Projekte flexibler gestalten: Einführung ins Agile Projektmanagement

The workshop provides the basics and tools for good and successful project management with agile attitudes and values. The workshop combines practical and dialogue-oriented input with exercises based on practical examples as well as phases of reflection, discussion in small groups and guided exchange of experiences. Reflection and transfer to the participants' own project world are at the core of the workshop. The last session of the workshop is dedicated to transfer: Small groups will develop a concrete agile concept for their own (real) project. The aim is to reflect on the applicability of what has been learnt in real life, to select the best methods and to draw up a concrete plan of the steps required to implement the concept.



Picture of a person writing on a board
(Image: pexels.com)

March 11 – 12, 2024

09:00 – 17:00 hours

Campus Garching | German

Register

Courses now open for booking



Personality & Self-Management

Durchsetzungsstark und souverän auftreten **Book now! A few places available!**

February 06 – 07, 2024 | Campus Garching | German

Project Management and Time Management: Realize your goals in an efficient and resilient way
Book now! A few places available!

February 08 – 09, 2024 | Campus Garching | English

Mindfulness for stress relief

See DocGS for exact dates and times | Online | English

Zeitmanagement: fokussiert arbeiten, effektiv promovieren

February 23 & March 03, 2024 | Online | German

Stress release for the scientific minded

February 28 & March 06/13, 2024 | Online | English

Emotionale Intelligenz

March 04 – 05, 2024 | Online | German

Mental Health

March 08, 2024 | Campus Garching | English



Communication & Methodological Competence

Networking

March 04, 2024 | Online | English

Schreibwerkstatt: Erfolgreich wissenschaftlich schreiben

March 07 – 08, 2024 | Campus Garching | German

Vortragshetorik

March 07 – 08, 2024 | Campus Garching | German

Projekte flexibler gestalten: Einführung ins Agile Projektmanagement

March 11 – 12, 2024 | Campus Garching | German

Presentation Basics: Present your Results Convincingly

March 12 – 13, 2024 | Campus Garching | English

Schwierige Gespräche führen – Konfliktkommunikation **Registration starts soon!**

March 25 – 26, 2024 | Online | German



Leadership & Responsibility

Systemisches Toolkit für angehende Führungskräfte

February 28 – 29, 2024 | Campus Garching | German



Science & Research

Karriere in der Wissenschaft **Book now! A few places available!**

February 06, 2024 | Online | German

Wissenschaftsmanager:in: Eine attraktive Karriereoption nach der Promotion?!

February 14, 2024 | TUM Institute for LifeLong Learning | German

Gute wissenschaftliche Praxis und ihre Problemfelder im Forschungsalltag

February 21 – 22, 2024 | Campus Garching | German

Career Paths in Academia: (Funding) Opportunities for Postdocs **Registration starts soon!**

March 06, 2024 | Online | English



Entrepreneurship & Startups

Be a strong and authentic female leader

March 12, 2024 | Online | English

Develop Your Entrepreneurial Thinking

March 18 – 19, 2024 | Campus Garching | English



Business & Industry

Exportkontrollrecht

February 20, 2024 | Online | German

Orientierung finden, Prioritäten setzen! Anstöße für eine bewusste Lebens- und Karriereplanung

February 21 – 22, 2024 | Campus Garching | German

[Mein Kompetenzprofil – Stärken identifizieren und gezielt einsetzen! \(Mit Einzelcoaching\)](#)

February 28 & March 06, 2024 (Individual Coaching: CW 11+12) | Online | German

[Essential Skills for a Career in Industry - How to Be More Employable in the Private Sector](#)

March 13 – 15, 2024 | Online | English

[How to get into the non-academic German job market *Registration starts soon!*](#)

March 21 – 22, 2024 | Campus Garching | English

[Wege aus der Wissenschaft](#)

March 25, 2024 | Online | German

[Collaborative Negotiation](#)

March 26 – 28, 2024 | Online | English

Additional offers

[From Science to Start-up – Stop or Go? Future Pathways for Your Research \(TUM ForTe\)](#)

Soon! Book your spot now!

January 23, 2024 | Garching: TUM Start-up Incubator, Lichtenbergstr. 6 | English

[Intercultural Awareness Skills \(TUM ForTe\)](#)

January 30 - 31, 2024 | Online | English

[Urheberrecht in der Lehre \(UB-TUM\)](#)

February 06, 2024 | Munich: Barer Str. 21, 2nd floor, Room 2534 | German

[Kompaktkurs Literaturrecherche für die Dissertation \(UB-TUM\)](#)

February 06, 2024 | Online | German

[Compact Course Literature Research for Your Dissertation \(UB-TUM\)](#)

Focus on Medicine

February 20, 2024 | Online | English

[Cite It Right \(UB-TUM\)](#)

February 20, 2024 | Online | English

[Sichtbarkeit und Impact von Forschung \(UB-TUM\)](#)

February 23, 2024 | Munich: Barer Str. 21, 2nd floor, Room 2534 | German

[Kompaktkurs Literaturrecherche für die Dissertation \(UB-TUM\)](#)

Focus on Life Science

February 29, 2024 | Weihenstephan: Library, Room EG L 10 | German

[From PhD to Innovator \(Young Entrepreneurs in Science\)](#)

March 07 - 08, 2024 | Munich: TUM Venture Lab Built Environment, Building 0503, Arcisstr. 21, 2nd floor, Room 2345 | English

[English Courses for Staff \(TUM Sprachenzentrum\)](#)

WiSe 23-24 | Online and on-site | English

[Nature Master Class \(TUM ForTe\)](#)

WiSe 23-24 | Online | English

[Postdoc Workshops \(TUM ForTe\)](#)

WiSe 23-24 | Online and on-site | English

[Postdoc101 Talks: Online-Ringvorlesung für Postdoktorand:innen \(TUM ForTe\)](#)

WiSe 23-24 | Online | English

Please do not hesitate to contact us if you have any questions. Also, if you have any ideas for courses, we are always happy to receive your suggestions.

Best regards

Your team Qualification Program at TUM Graduate School



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