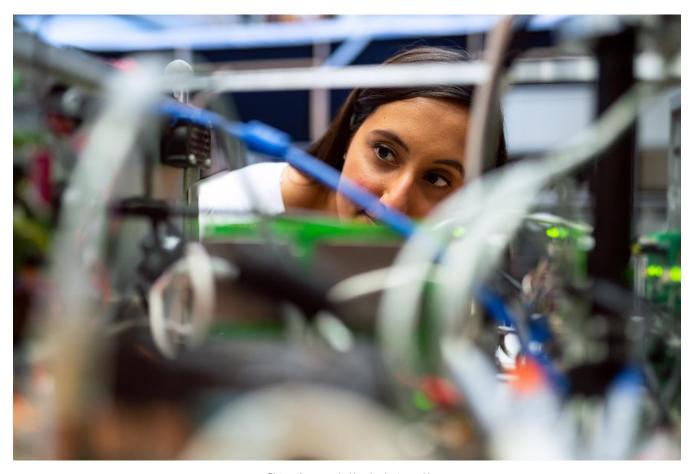
# TUM Graduate School Technische Universität München



June 28, 2024

## Transferable Skills Training Newsletter



Picture of a woman looking closely at a machine (Image: pexels.com)

## Dear doctoral candidates,

The doctoral research journey is like entering a dark, untamed jungle: researchers, equipped with their knowledge and curiosity, stand in front of long streams of information and multiple options that could answer their research question. It is like choosing a path through this jungle. This is why we at TUM Graduate School want to talk today about the ability to *solve complex problems* in the context of **Future Skills**.

We know how important it is to learn how to navigate obstacles. Doing a doctorate may involve unwieldy data, moments of uncertainty and conflict that can test the passion and conviction of many. Each challenge requires a unique approach, demanding critical evaluation, strategic decision-making, and innovative problem solving.

Mastering this skill can help to evaluate research findings, identify gaps and inconsistencies in existing knowledge, and establish meaningful conclusions from complex scenarios.

As it is very likely that during research complex obstacles will arise, it can be crucial to become creative and collaborate with other peers. These collaborations provide new perspectives, illuminating hidden and unexplored paths, but at the same time, bring up your independent side as a researcher which helps you to redefine your approach based on the evolving academic landscape.

Ultimately, while doctoral candidates navigate the complex jungle of information, they are not only contributing with original knowledge to their field and transforming the scientific and academic world, but also cultivate a mental toughness and a proactive mindset, preparing them to face life's many challenges with confidence and resilience.

Within our Transferable Skills Training, you will find a range of courses that will help you to improve your skills and support your ongoing academic growth and overall personal development!

To keep you updated with news and exciting events for doctoral candidates, visit our website and subscribe to our TUM-GS Newsletter to learn more about what we offer!

### "What's new?"

#### Help us to improve our offer: Survey on Course Offering at TUM Graduate School and Graduate Centers

We value your feedback and would love to hear about your experience with the Transferable Skills Training and the subject-specific courses offered by your Graduate Center! Therefore we have created a survey to ask for your insight and wishes for the future. Please take a few minutes to complete our survey and make your voice heard. Your input is greatly appreciated!

Thank you for your participation! ©



(Image: pexels.com)

Participate now!

Skills Booster: Elevate Your Potential with the TUM-GS Transferable Skills Training

We would like to share with you once more our new series of informative videos, designed for doctoral candidates at TUM Graduate School. In our Skills Booster, we explore various aspects of transferable skills with insights from experts, who teach within the TUM-GS qualification program. This time, communication consultant and TUM-GS trainer Jeremiah Hendren dives into the importance of Scientific Writing and discusses why writing skills are so essential during and after research.



Skills Booster graphic (Image: TUM-GS)

Watch now!

## "Inside the courses"

#### **Basics in Business Administration**

This course serves as an introduction to Business Administration. It is designed to integrate accepted theories with real world applications to provide participants with the basic knowledge and skills needed for managing others. You will discuss current issues in business administration and management and proceed to cover the traditional functional areas of the value creation within a company: primary activities such as logistics and operations and support activities like HR, finance and accounting. Lectures and cases given in the course are intended to help participants understand the needs of modern public and private organizations, including emerging national and international trends.

September 02 – 03, 2024 09:00 – 17:00 hours Online | English

Register



(Image: pexels.com)

Schwierige Gespräche führen – Konfliktkommunikation

What should I do if I need to address a sensitive issue or want to resolve a conflict constructively? Conflict communication is subject to its own communicative laws. If these are not taken into account during a conflict discussion, it is not uncommon for an escalation to occur where a solution was intended. In this seminar, you will learn how to defend your own position confidently in difficult discussions, how to control your emotions, find the right words and remain self-assured and constructive. You will have the opportunity to actively deal with conflict situations from your own experience in a communicative way.



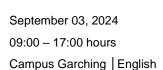
Picture of two people talking (Image: pexels.com)

September 03 – 04, 2024 09:00 – 17:00 hours Campus Garching | German

Register

#### **Mental Health**

Participants will understand the psychological dynamics leading to mental exhaustion. They also will develop strategies to maintain a motivated, joyful work-life without neglecting difficult circumstances. They will discover how to take care of themselves and manage emotions in order to foster mental strength and resilience. Also, they will be equipped with methods to "stay on top" when tasks, demands and duties seem to be overwhelming. They will learn how to maintain confidence when results are sometimes lacking. Exercises will make it easy to put empirical research into practical experience. All exercises are easy to transfer into daily routines.



Register



Picture of a drawing (Image: pexels.com)

Project Management and Time Management - Realize your goals in an efficient and resilient way

Do you want to define and follow your (career) path independently and autonomously? Do you want to realize your goals successfully by using project-, time- and self-management? Do you want to carry out and conclude your projects effectively, efficiently and with a high portion of self-awareness? In this training, the trainer provides you with different tools that will make it easier for you to embark on your different project journeys, rule them and finish them in a successful and satisfactory way: You want to be happy; you want to thrive as a person, and you want to realize different professional and personal goals. If you want this all at the same time, you need project-, time- and self-management skills that include keeping an eye on your work-life balance and resilience.



Picture of a women smiling (Image: pexels.com)

September 05 – 06, 2024 09:00 – 17:00 hours Online | English

Register

## Courses now open for booking



## Personality & Self-Management

Managing Emotions – produktiver und stressfreier durch die Promotion Kompetenzen **Soon! Book your spot now!** 

July 10, 2024 Online German

Mental Health Registration opens soon!

September 03, 2024 Campus Garching English

Project Management and Time Management: Realize your goals in an efficient and resilient way Registration opens soon!

September 05 – 06, 2024 Online English

Find your Flow: Meilensteine setzen, zielgerichtet planen und motiviert promoviere

September 13 and 27, 2024 Hybrid German

**Emotional Intelligence** 

September 26 – 27, 2024 Online English



## Communication & Methodological Competence

Storytelling und Wissenschaft: Forschung spannend vermitteln *Soon! Book your spot now!* July 09 and 23, 2024 | Online | German

Wissenschaftliches Schreiben - mit kreativen Methoden leicht gemacht Soon! Book your spot now!

July 11 - 12, 2024 Online German

Onboarding Course: Preparation for your first teaching tasks Soon! Book your spot now!

July 15, 22, 31 & August 08, 2024 | Online | English

Schwierige Gespräche führen – Konfliktkommunikation Registration opens soon!

September 03 – 04, 2024 Campus Garching German

Online Scientific Presentations: Present your Results Convincingly

September 10 – 12, 2024 Online English

Communicating in Teams and Difficult Situations

September 12 – 13, 2024 Online English

Slidewriting: Blitzschnell sofort verständliche Präsentationsfolien erstellen

September 12 - 13, 2024 Online German

Making projects more flexible: Fundamentals of Agile Project Management

September 16 – 17, 2024 Campus Garching English

Networking

September 18, 2024 | Campus Garching | English



## Leadership & Responsibility

Dein New Leadership Mindset

September 19, 2024 Online German



#### Science & Research

Karriere in der Wissenschaft Soon! Book your spot now!

July 10, 2024 Online German

Karriereweg Professur an einer Hochschule für angewandte Wissenschaften (HAW)

September 24, 2024 | Campus Garching | German



## Entrepreneurship & Startups

**Design Thinking** 

September 24 – 25, 2024 Campus Garching English



## **Business & Industry**

How to get into the non-academic German job market Soon! Book your spot now!

July 15 - 16, 2024 Online English

Basics in Business Administration Registration opens soon!

September 02 - 03, 2024 Online English

Collaborative Negotiation

September 09 - 10, 2024 | Campus Garching | English

Fallstudien souverän lösen - eine praktische Handlungsanleitung

September 11, 2024 Online German

Essential Skills for a Career in Industry - How to Be More Employable in the Private Sector!

September 24 – 25, 2024 Campus Garching English

### Additional offers

Forschungsdatenmanagement Basics (UB-TUM)

July 02, 2024 Online German

Routes to Publishing (UB-TUM)

July 03, 2024 Online English

Kompaktkurs Literaturrecherche für die Dissertation (UB-TUM)

Schwerpunkt: Weihenstephan

July 05, 2024 Freising: Raum EG L 09 (Teilbibliothek Weihenstephan) German

Predatory Journals and Conferences (UB-TUM)

July 11, 2024 Online English

Compact Course Literature Research for Your Dissertation (UB-TUM)

Focus on Straubing

July 12, 2024 Online English

Cite It Right (UB-TUM)

July 16, 2024 Online English

Kompaktkurs Literaturrecherche für die Dissertation (UB-TUM)

Schwerpunkt: Sport- und Gesundheitswissenschaften

July 17, 2024 Online German

Compact Course Literature Research for Your Dissertation (UB-TUM)

Focus on Medicine

July 23, 2024 | Munich: Large Conference Room 2180 (Branch Library Main Campus) | English

English Courses for Staff (TUM Sprachenzentrum)

SoSe 24 Online and on-site English

Nature Master Class (TUM ForTe)

SoSe 24 Online English

Postdoc Trainings (TUM ForTe)

SoSe 24 Online and on-site English

Postdoc101 Talks: Online-Ringvorlesung für Postdoktorand:innen (TUM ForTe)

#### SoSe 24 Online English

Please do not hesitate to contact us if you have any questions. Also, if you have any ideas for courses, we are always happy to receive your suggestions.

Best regards
Your team Qualification Program at TUM Graduate School



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