TUM Graduate School
Technical University of Munich

December 10, 2025

# Transferable Skills Training Newsletter



Picture of red ornaments on a Christmas tree
(Image: pexels.com)

## Dear doctoral candidates,

As 2025 comes to an end, we hope you can take a moment to reflect on your achievements and enjoy a well-deserved break. During this festive season, we hope you find time to celebrate, recharge, and share joyful moments with family and friends.

Now is also the perfect time to set your goals for the year ahead. Why not start 2026 by developing skills beyond research? Our Winter Semester 2025/26 course program offers courses that will help you communicate effectively, manage projects with confidence, and plan your next career steps.

TUM Graduate School invites you to stay tuned for more updates, insights or interesting events for doctoral candidates by visiting our website and subscribing to our TUM-GS Newsletter.

We wish you a Merry Christmas, happy holidays, and a great start to the new year. We look forward to seeing you in our courses!

# "Inside the courses"

## Exploring your career options in the German research and innovation system

Discover the German research and innovation landscape, and learn how to navigate academic careers and opportunities at non-university research organisations. Explore career paths beyond research and teaching, understand the building blocks of sustainable career development and create your personal career roadmap. This interactive workshop uses a combination of expert input, group work and individual coaching to help you assess your current position, set goals and plan your next steps.



Picture of four people laughing.
(Image: pexels.com)

January 20 – 21, 2026

09:00 – 16:30 hours

Hybrid │English

Register

## Fallstudien souverän lösen

Once you have completed this training, you will be able to identify any type of case study and select the appropriate solution approach in a matter of seconds. Speed is important because case studies test thinking agility and reaction time, which are the very skills that this course is designed to improve. Learn to recognize case study types, apply solution templates and practice effectively. Through expert insights and practical exercises, you will internalize common patterns, develop systematic approaches and gain the confidence to overcome any case study challenge.



Picture of hands on a notebook and a tablet.
(Image: pexels.com)

January 22, 2026

09:00 – 15:00 hours

Online │German

Register

### Impostor Phenomenon in Science

Do you ever doubt your achievements or worry that you are not as capable as others think you are? This workshop offers a clear, evidence-based introduction to the impostor phenomenon and its effect on personal and professional development. You will explore the reasons behind these feelings, recognise underlying beliefs and practise techniques for managing and reducing self-doubt. Through interactive discussions, reflective exercises and real-life examples, you will gain valuable insights into your own patterns and learn strategies to foster lasting confidence. Participants in leadership roles will also explore how to foster a supportive environment that helps others to overcome impostor feelings.


Person looking overwhelmed in front of a laptop.
(Image: pexels.com)

January 30, 2026
09:00 – 16:00 hours
Online │English

Register

### Schreiblust statt –frust: Strategien gegen Schreibprobleme *New course!*

Who isn't familiar with the fear of the blank page? The endless wait for the right moment. The chaos in your head. The constant getting stuck or worrying that you'll never finish. Writing difficulties are common companions in the academic writing process. If you don't want to let yourself be slowed down any longer, you need practical strategies and tools to overcome writing frustration. In this one-day workshop, we will develop solutions for your personal writing challenges and strengthen your writing skills. (Re)discover your passion for writing and bring new momentum to your writing!


Picture of a hand hovering over a laptop.
(Image: pexels.com)

January 30, 2026
09:00 – 17:00 hours
Garching │German

Register

# Courses open for booking


## Personal Development

Stress release for the scientific minded

Start: January 28, 2026 (See exact dates on DocGS)│Online│English

Impostor phenomenon in academia

January 30, 2026│Online│English

Produktive Gelassenheit

February 2 – 3, 2026│Online│German

Selbstsicher denken & auftreten  *Registration opens soon!*

February 4 – 5, 2026│Campus Garching│German

Die mentale Leistungsfähigkeit stärken  *Registration opens soon!*

February 6, 2026│Online│German

Mindful Methods for Clarity and Motivation in your doctorate  *Registration opens soon!*

Start: March 6, 2026 (See exact dates on DocGS)│Online│English

Get resilient!  *Registration opens soon!*

March 9, 2026 │Campus Garching│English

## Communication & Collaboration

Schreiblust statt -frust: Strategien gegen Schreibprobleme  *New course!*

January 30, 2026│Campus Garching│German

Verhandlungstraining  *Registration opens soon!*

February 5 – 6, 2026│Campus Garching│German

Schwierige Gespräche führen – Konfliktkommunikation  *Registration opens soon!*

February 9 – 10, 2026│Campus Garching│German

Scientific Paper Writing (Advanced)  *Registration opens soon!*

February 10 – 11, 2026│Campus Garching│English

Vortragstechnik  *Registration opens soon!*

March 2 – 3, 2026│Campus Garching│German

Netzwerken  *Registration opens soon!*

March 3, 2026│Campus Garching│German

## Skills for Science & Beyond

Fallstudien souverän lösen

January 22, 2026│Online │German

Slidewriting: Blitzschnell sofort verständliche Präsentationsfolien erstellen

January 29, 2026│Online │German

Introduction to R  *Registration opens soon!*

February 6 & 13, 2026│Online│English

Einführung ins Agile Projektmanagement  *Registration opens soon!*

February, 23 – 24, 2026 │Campus Garching│German

Next-Level Productivity: Tools and Strategies for Researchers  *Registration opens soon!*

February, 26 – 27, 2026 │Campus Garching│English

Basics Arbeitsrecht - was Sie wissen müssen!  *Registration opens soon!*

February 27, 2026 │Campus Garching│German

**Einführung in die Welt des Patentrechts** *Registration opens soon!*

March 4, 2026│Campus Garching│German

**Basics in Business Administration** *Registration opens soon!*

March 4 – 5, 2026│Campus Garching│English

**KI – Playground** *New course! Registration opens soon!*

Start: March 10, 2026 (See exact dates on DocGS)│Online │German

## Responsible Leadership

**Fit for Leadership?!**

February 2 – 3, 2026│Online│English

**Die Führungskraft als Coach** *New course! Registration opens soon!*

February 18 – 19, 2026│Campus Garching│German

**Empowering Future Leaders** *New course! Registration opens soon!*

February 24 & March 17, 2026│Hybrid│English

## Career Development

**Exploring your career options in the German research and innovation system**

January 20 – 21, 2026│Hybrid │English

**Wege aus der Wissenschaft**

February 3, 2026│Online │German

**All women – drive your life!** *Registration opens soon!*

March 3, 2026 │Online │English

**Future Life and Career Plans. Priorities, work-life-balance and a good life** *Registration opens soon!*

March 11 – 12, 2026 │Campus Garching │English

**How to get into the non-academic German job market** *Registration opens soon!*

March 18 – 19, 2026 │Campus Garching │English

## Additional offers

**acatech am Dienstag: Industrielle Biotechnologie zwischen Vision und Wirklichkeit – Wo stehen wir heute? (acatech)**

December 16, 2025│acatech Forum, Munich│German

Please do not hesitate to contact us if you have any questions. Also, if you have any ideas for courses, we are always happy to receive your suggestions.

Best regards

Your team Qualification Program at TUM Graduate School

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